Results of the 2023 Survey

A very big 'Thankyou!' to everyone who completed the 2023 survey. Percentage wise, 66% of current students returned the survey, either as a hard copy or online. That's a wonderful return rate, so thankyou!

The following pages shows the results in graph form, but the synopsis is below.

It's heartening to see that the newsletters are read, the venues are well liked and generally, everyone enjoys coming to classes. There are a couple of suggestions regarding the timetable and videos, which I will certainly consider. The Member Portal videos are used frequently, so I will add more content in the coming weeks.

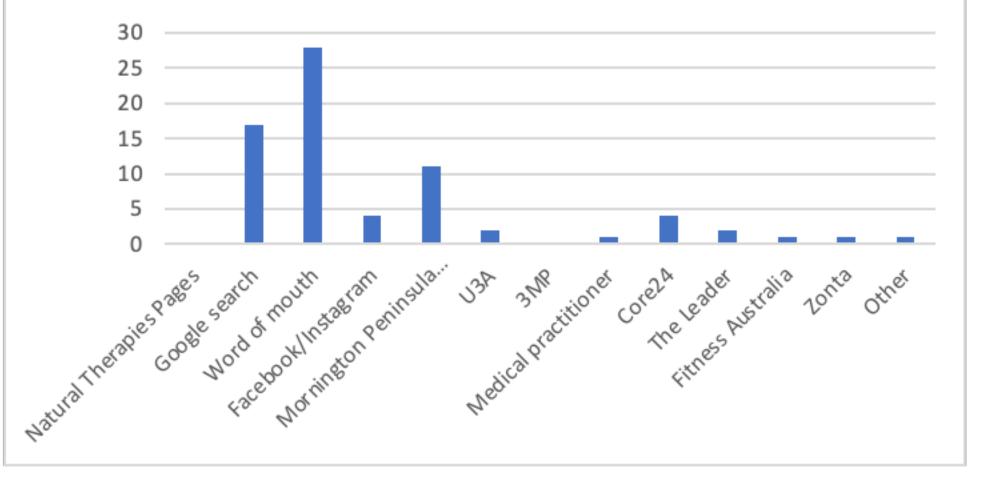
Thankyou to those who wrote comments, some of which are included at the end of the graphed results. I am truly delighted and humbled that RMTC is such a happy, productive and inclusive community.

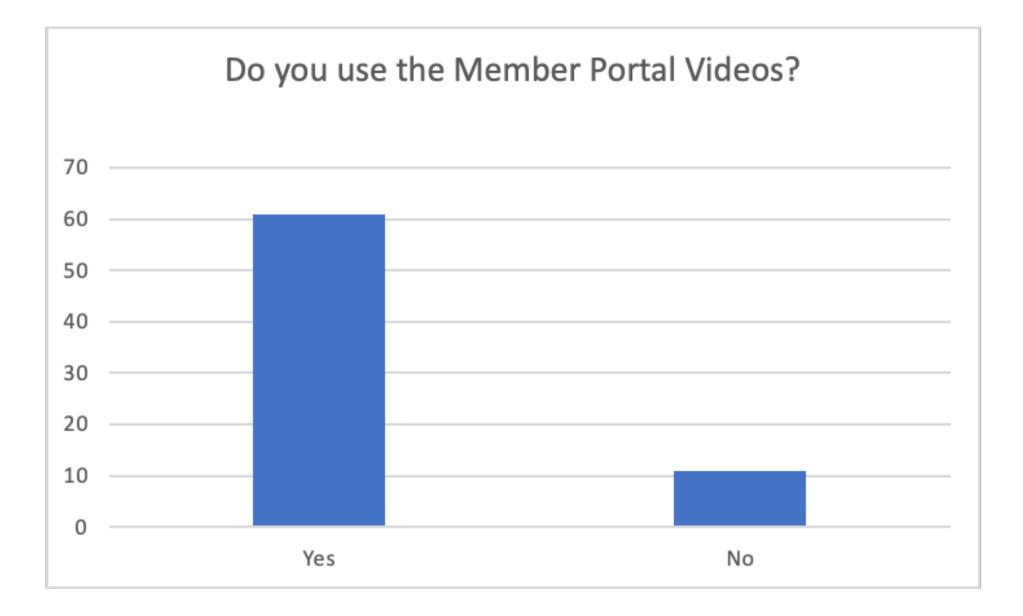


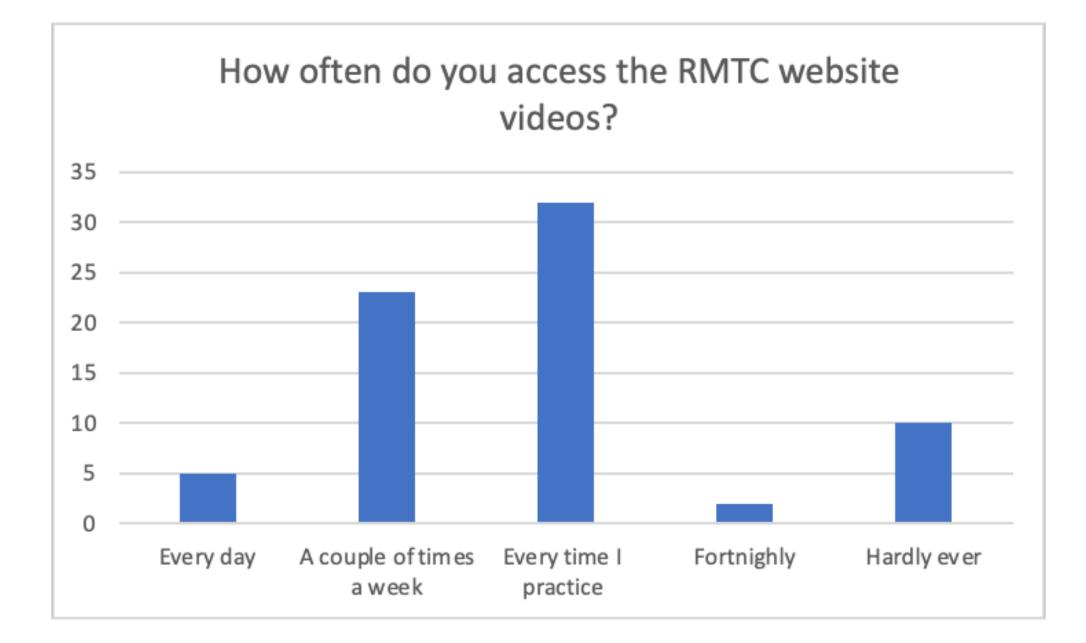
The most popular answers for each questions

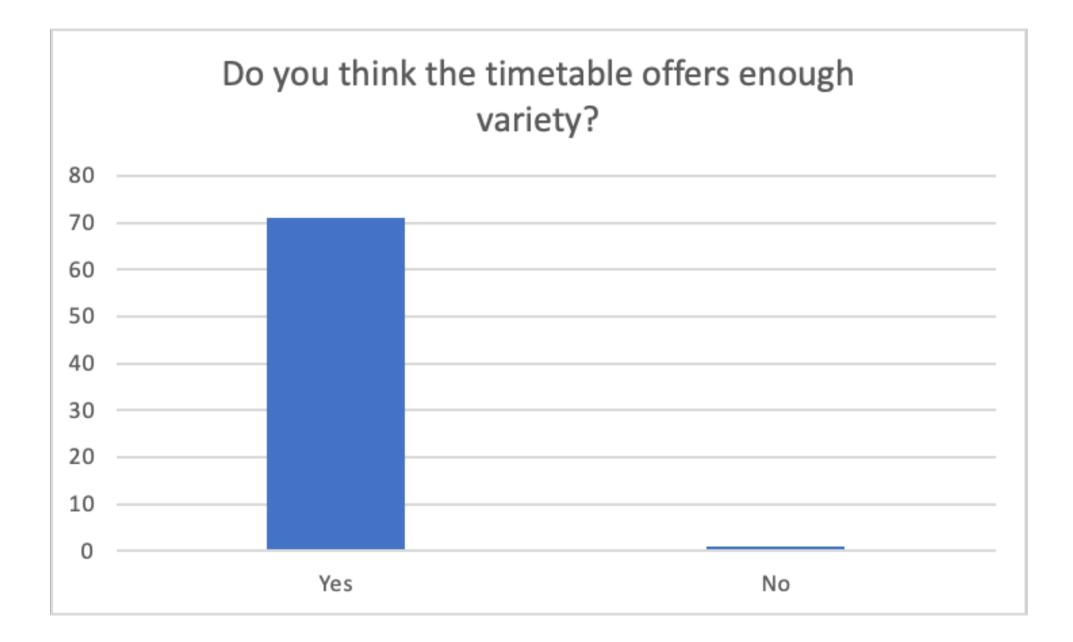
- 1. How did you hear about RMTC? Word of Mouth (39%)
- 2. Do you use the Member Portal? Yes (85%)
- 3. How often do you access the RMTC website? Every time I practice (45%)
- 4. Do you think the timetable offers enough variety? Yes (99%)
- 5. During the COVID pandemic, did you attend live Zoom classes? No (46%)
- 6. Do you like the venue for classes? Yes (100%)
- 7. Favourite RMTC events: Christmas lunch (66%), RMTC Festival (53%)
- 8. What do you enjoy most about RMTC classes? Teaching style of the instructor (100%), Physical Benefits (100%)
- 9. Before RMTC, had you learnt Tai Chi? No (47%)
- 10. Do you read the newsletters: Yes (94%)
- 11. How many years have you been with RMTC? About 2 years (26%)

How did you hear about Rising Moon Tai Chi School (RMTC)?

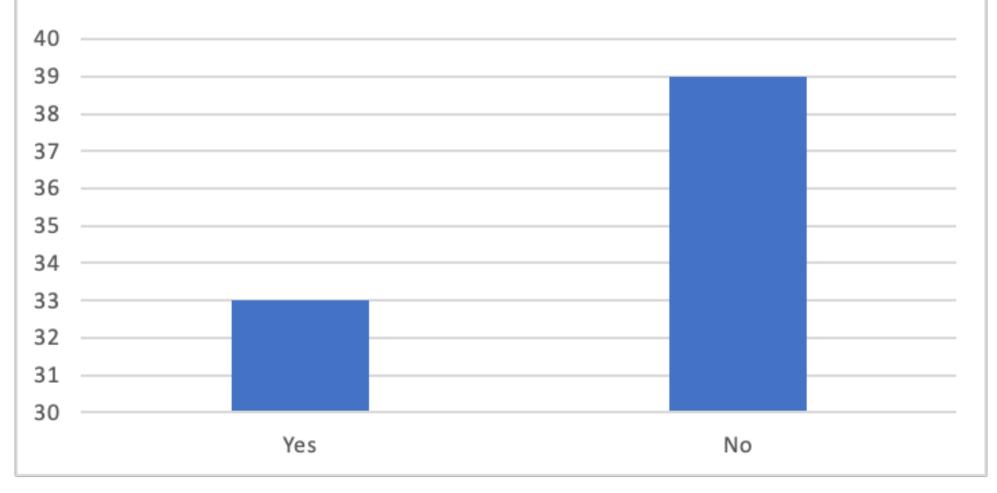


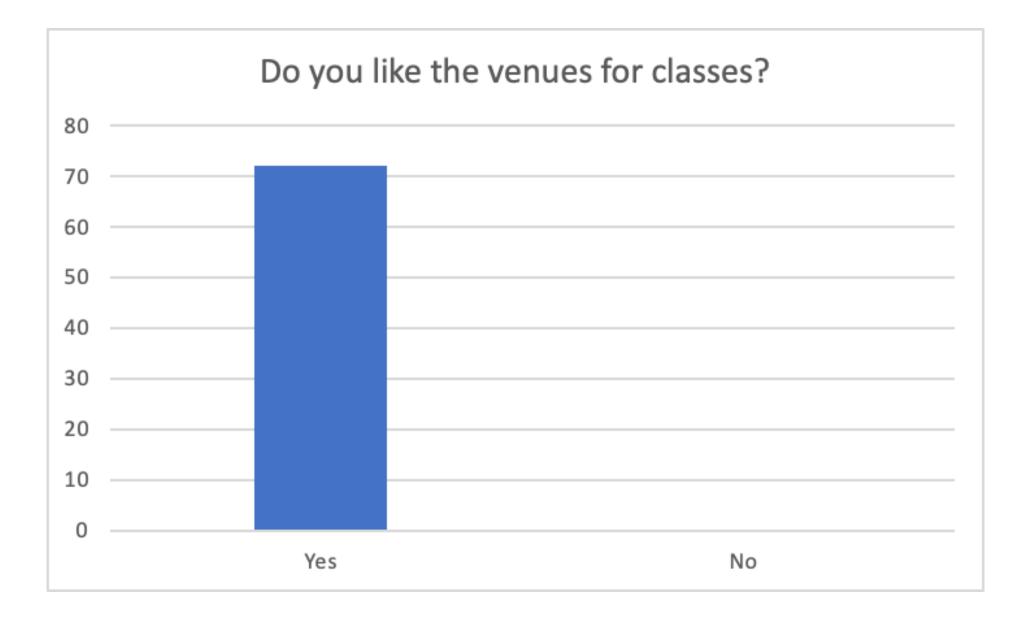


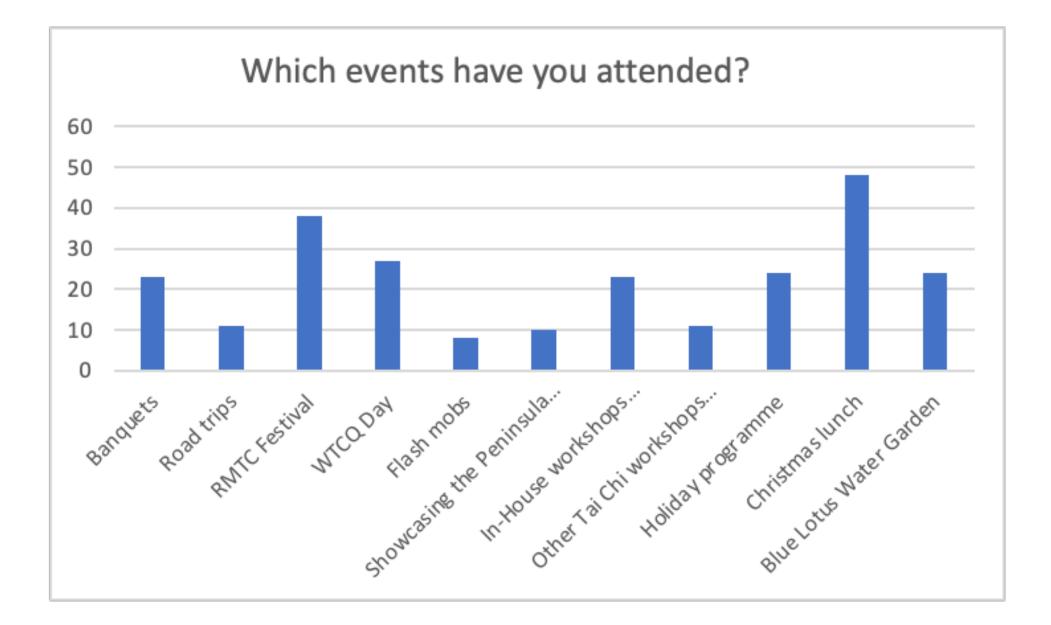


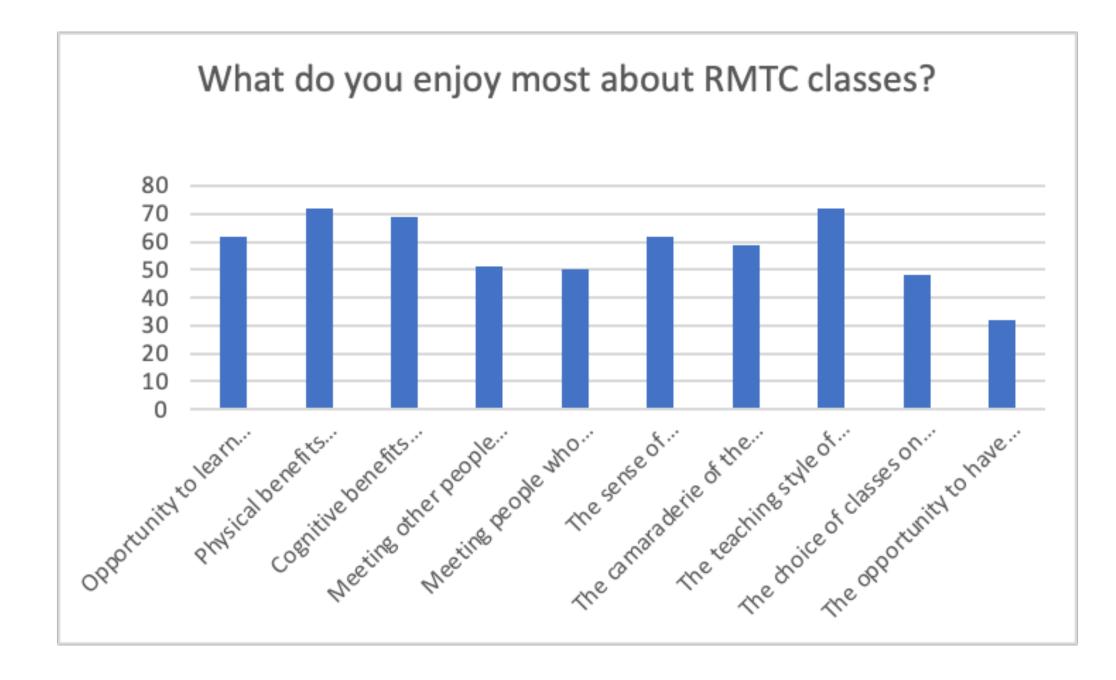


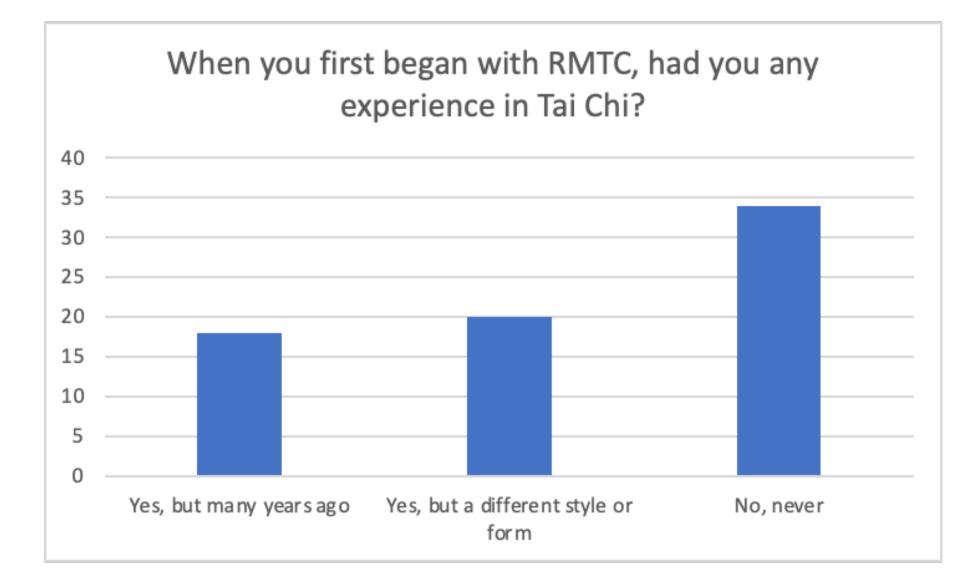
During the COVID pandemic, did you particpate in the live Zoom classes?

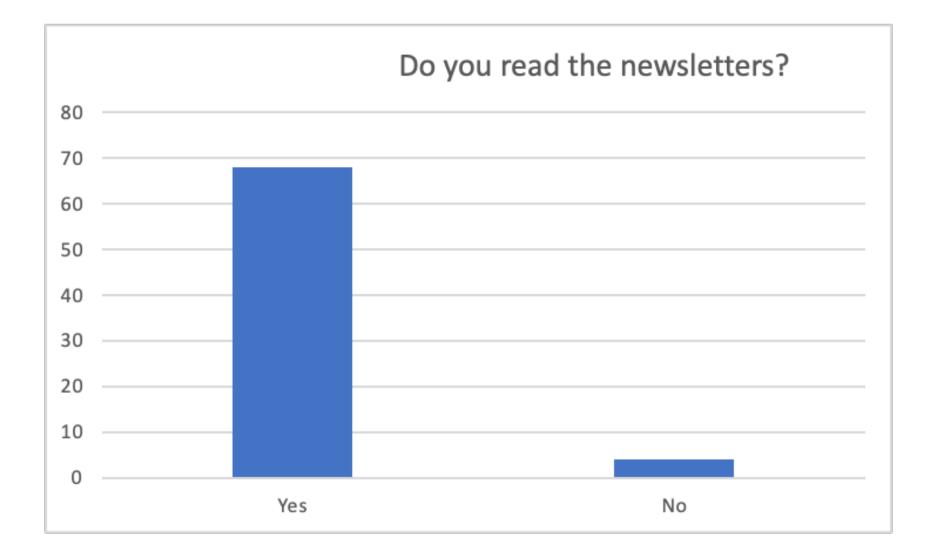


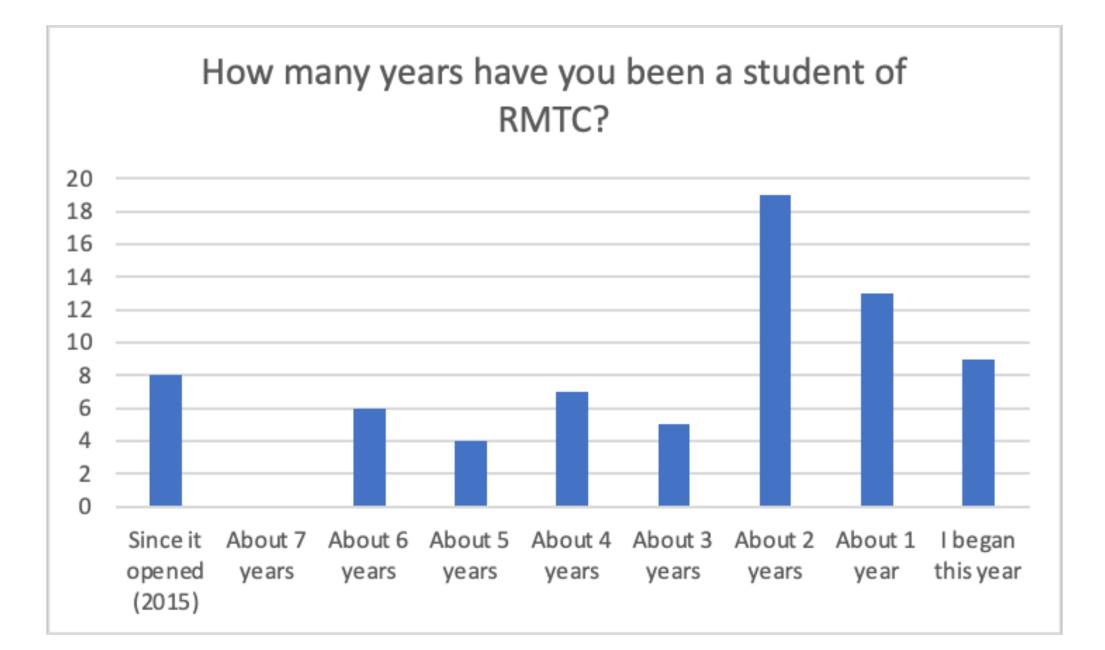












Comments

- Love the Park sessions.
- It's difficult to do all the classes I want to. I'll have to give up work (not golf!)
- Love the way we learn the martial art applications.
- Love learning the technical aspects.
- There is almost too much variety. Most of us are so keen to learn as many forms as possible that there is the risk we could become 'jacks of all trades and masters of none'.
- Four days of fun and laughter. What more could a bloke want?
- Always feel I have learned something during class.
- Very enjoyable in all aspects.
- Would welcome some classes in Mornington.
- Enjoying the mix of classes.
- It is all good. Always enthusiastic to attend classes.
- The whole system is 'top notch'.
- Suits my interests and needs.
- Would really like to learn some Chen Style.
- It offers a relaxing space to quiet the mind and connect to the body.
- It is meditation that helps me mentally and physically.
- I love learning the philosophy and applications behind it all.
- The inclusion of different styles, Wudang, Sun, Fu Chen, Chen etc provides students with many options.
- I enjoy the regular activity and the motivation to do tai chi practice at home.
- Great atmosphere, relaxed yet focused.
- Great teacher, never leaves anyone behind. Very inclusive.
- The newsletters are informative and well written.
- My experience using the Member Portal has been very positive.
- I find the drills and practice videos very helpful and of excellent quality.
- The booking system is a bit 'clunky'.
- Would like to see more variety in Tuesday 12:15 class.
- Could have another Sword class.

Comments

- Jenny offers more than just classes to her students and is exemplary in providing more than just Tai Chi.
- Fantastic variety to keep all grades of students interested.
- The school has developed into an excellent holistic Tai Chi community/family.
- I always feel energised after the class, mentally and physically that other forms of exercise do not achieve.
- I'm pleased that I'm part of the School.
- I really enjoy the teaching style.
- Jenny is very good at including everyone.
- I am proud to be a participant of RMTC school. RMTC became the final piece; an important part of my successful move to the Mornington Peninsula.
- Great friends/community and a positive environment to continue my tai chi journey.
- The only comment that I can make is that all the events and venues are great!
- I like the teaching to improve our foot movements, breathing and understanding of the principles of Tai Chi.
- Christmas lunch was so well organised. I enjoyed meeting other people on my table.
- For me, Tai chi is relaxing, light hearted, graceful, serene, friendly, warm, educational, and respectful. It is simply a pleasure to participate.
- The gradient in learning suits anyone's ability. I like that I can embrace new challenges or, if I'm tired, have 'me time' and leave refreshed.
- It is a joyful, interesting, friendly, welcoming and challenging place to enjoy, relax and breathe while doing Tai Chi.
- Classes are a joy to attend, well run, wonderfully explained and lots of encouragement.
- Very comfortable atmosphere to learn.
- Challenging, relaxing, fabulous teacher, nice people!
- I appreciate the welcoming nature of the school and felt at home straight away, even though I am a rank beginners!
- I find it challenging and very beneficial to strengthen my body.
- Re: the variety in the timetable: At the moment it does, but not sure after I consolidate Long Form.
- Re: the variety in the timetable: Yes, but ready for something new, ie: Double Fan or Wudang Water Form.
- Mt Martha House is amazing but the 9:00 class seems tends to be limited with space.
- Mondays are a little cramped a the moment.
- I really liked the mirrors in the Belly Dancing place. I found them very helpful.
- Love Room 18.
- I like the expertise, patience and humour of Jenny.

Comments

- It's a great counter balance for cardiac rehabilitation.
- Love and enjoy all aspects of the teachings and how it is presented.
- I am enjoying the challenge of learning different forms.
- Would love to do a little Bang work in the Somerville/Tyabb classes.
- It helps to provide a positive balance when times are difficult.
- What do you enjoy most? Jenny's endless patience (this was written in capital letters!)
- I love the feel I get when I do Tai Chi, the energy I get in my hands.
- I feel it helps to heal the body and the mind. Love it.
- Enjoyable and interesting classes with lots of encouragement to keep us motivated.
- I enjoy all the classes I attend and feel a great sense of achievement as I slowly learn the different postures.
- I love the laughs and fun we have.
- I love the locations, especially when we go outside.
- Tai Chi is part of my weekly routine and personal exercise programme.
- Good for body and soul.
- Jenny keeps us on our toes and smiling at the same time.
- I am pleasantly surprised just how much I enjoy and look forward to these classes.
- Amazing, amazing, amazing.
- An amazing teacher and instructor.
- Excellent standard of teaching.
- Warm and friendly classes with a community feel.
- Jenny, your enthusiasm helps make classes fun, interesting and a good brain teaser!
- Thankyou for your constant encouragement to learn and keep trying regardless!
- The practice videos could be accessed with improved menus linked to major segments within each of the forms
- Your school and teaching methods are excellent.
- I appreciated the opportunity to learn/do Tai Chi close to home in a supportive and fun environment with a great Sifu!
- Apart from the value of Tai Chi to a person's wellbeing, I think we are fortunate to have Jenny, a great teacher who is experienced, fun, competent, encouraging and patient.